SDI Online Tutorial: Username Recovery for Claimants
To recover your SDI Online username:

- Under Existing Users, select SDI Online Login.

You will be directed to the SDI Online Login page.
On the SDI Online Login page, select Forgot username?
Provide your Last Name, E-mail Address, User Account Type, and select **Next**.
Answer your security questions and select Next.
Once you have successfully answered your security questions, your SDI Online username will be sent to your e-mail address.

Select **Login** to access your account.
SDI Online Tutorial: Password Recovery
To recover your SDI Online password:

• Visit [www.edd.ca.gov/disability](http://www.edd.ca.gov/disability).

• Under Existing Users, select SDI Online Login.

You will be directed to the SDI Online Login page.
At the SDI Online login screen, enter your Username and select **Submit**.
On the **Personal Image and Log In** page, select **Forgot password?**
Provide your SDI Online Username, E-mail Address, and select **Next**.
Answer your security questions and select **Next**.
On the **Password Hint Options** page, you may select:

- **“I remember my password and would like to login”** and enter your password, then select **Next**.

  or

- **“Send me my temporary password”** and select **Next**.

If you need further assistance, please contact EDD at (800) 480-3287. The EDD staff is available from 8 a.m. to 5 p.m. (PT), Monday through Friday, except on state holidays.
If requested, a temporary password will be sent to your e-mail address. This password will expire in 15 days.

If you do not receive an e-mail, please check your junk/spam folder.

Select **Login** to access your account.
Visit www.edd.ca.gov for more information about State Disability Insurance.

The EDD is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Requests for services, aids, and/or alternate formats need to be made by calling 1-800-480-3287 (voice), or TTY 1-800-563-2441.